

## DATES & COURSES

July 19th - Skagit Flats CR  
August 2nd - Gig Harbor CR  
August 23rd - Carnation Farm CR



**LAKE WASHINGTON VELO**

**CIRCUIT RACE SERIES**



## THE HYPE ...

...Fresh alternative to the summer criteriums...  
Three brilliant courses...The speed and intensity of criterium racing meets the wide open tactics of road racing...Valuable speed work for the 'Cross Season...All courses within 60 minutes of Seattle Metro Area...Belgian kermesse style racing brought to the NW

## CAT'S, DISTANCES, START TIMES

Masters B, C	25-30 mi*	9:00 AM
Men 4/5	25-30 mi*	9:05 AM
Men 3	35-40 mi*	11:00 AM
Women 4	20-25 mi*	11:05 AM
Men 1/2	40-45 mi*	1:05 PM
Women 1/2/3	30-35 mi*	1:10 PM

\*Race distances vary between courses.

## ENTRY FEE & REGISTRATION

\$20 WSBA, USCF Riders. Juniors are \$10 per race. Day of registration only. Fee includes \$2 USCF surcharge. Registration will close 20 minutes before the start of your Category's race.

For additional information contact Jim Gillette at 253-853-5316, [jgillette@centurytel.com](mailto:jgillette@centurytel.com) or check [www.hagensbermancycling.com](http://www.hagensbermancycling.com).

## PRIZE LIST

Total prize list over \$2,500 cash and merchandise (mostly cash). Cash awarded 5 deep in each category. No daily money, just overall series awards.

## POINTS SYSTEM

Points will be awarded ten-deep in each category at each race as follows: 15, 12, 10, 8, 6, 5, 4, 3, 2, 1. Series placings will be awarded based upon overall points. Ties will be broken based on placing in the final race. There will also be a Inter-Series sprint halfway through each race. This sprint will be scored 4, 2, 1 and will be scored in the overall.

## DIRECTIONS

### SKAGIT FLATS (RACE #1)

From I-5 (north or south) take the HWY 530 / Darrington exit and head west to Silvana. Stay to the right at the Y in the road. Registration will be in Silvana. 50 - 60 minute drive from Seattle.

### GIG HARBOR (RACE #2)

We have a new Gig Harbor CR Course. Staging and parking will be at Kopachuck Middle School at 10414 56<sup>th</sup> St NW Gig Harbor WA. The new course is a 4 mile circuit with 285 feet of climbing per lap and with one hill that climbs 250 feet in approximating  $\frac{3}{4}$  of a mile. The finish and hot spot sprint will be at the top of this hill. Pavement is good either black top of chip seal. Directions: Exit Highway 16 at Wollochet Dr NW and continue straight on Stinson Ave. Left turn on Ray Nash Dr followed by a Right turn on Kopachcuk Dr NW. You are now on the race course and staging is ahead on you left at Kopachuck Middle School.

### CARNATION FARM (RACE #3)

From Seattle take HWY 520 east to Redmond. Take a right onto HWY 202, Redmond Fall City Road. Take a left on NE Ames Lake Road and follow this road for about 3 miles. Ames Lake Road eventually becomes NE Carnation Farm Road. From I-90 westbound take HWY 202 west to Fall City. From Fall City take HWY 203 north to Carnation. Just north of Carnation take a left onto NE Carnation Farm Road. From I-90 eastbound take the Preston Fall City Road SE to Fall City. From Fall City see above. Registration will be at the corner of NE Carnation Farm Road and 284th Ave NE. 50 - 60 minute drive from Seattle.